

E Valeriana stubendorfii (Valerianaceae)

Use	Country/Region	Reference
Ache(Back)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Bruise	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cold	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Convulsion	China	Lost Crops of the Incas.
Epilepsy	China	Lost Crops of the Incas.
Insomnia	China	Lost Crops of the Incas.
Neurasthenia	China	Lost Crops of the Incas.
Numbness	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Rheumatism	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Sedative	China	Lost Crops of the Incas.
Sore	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.